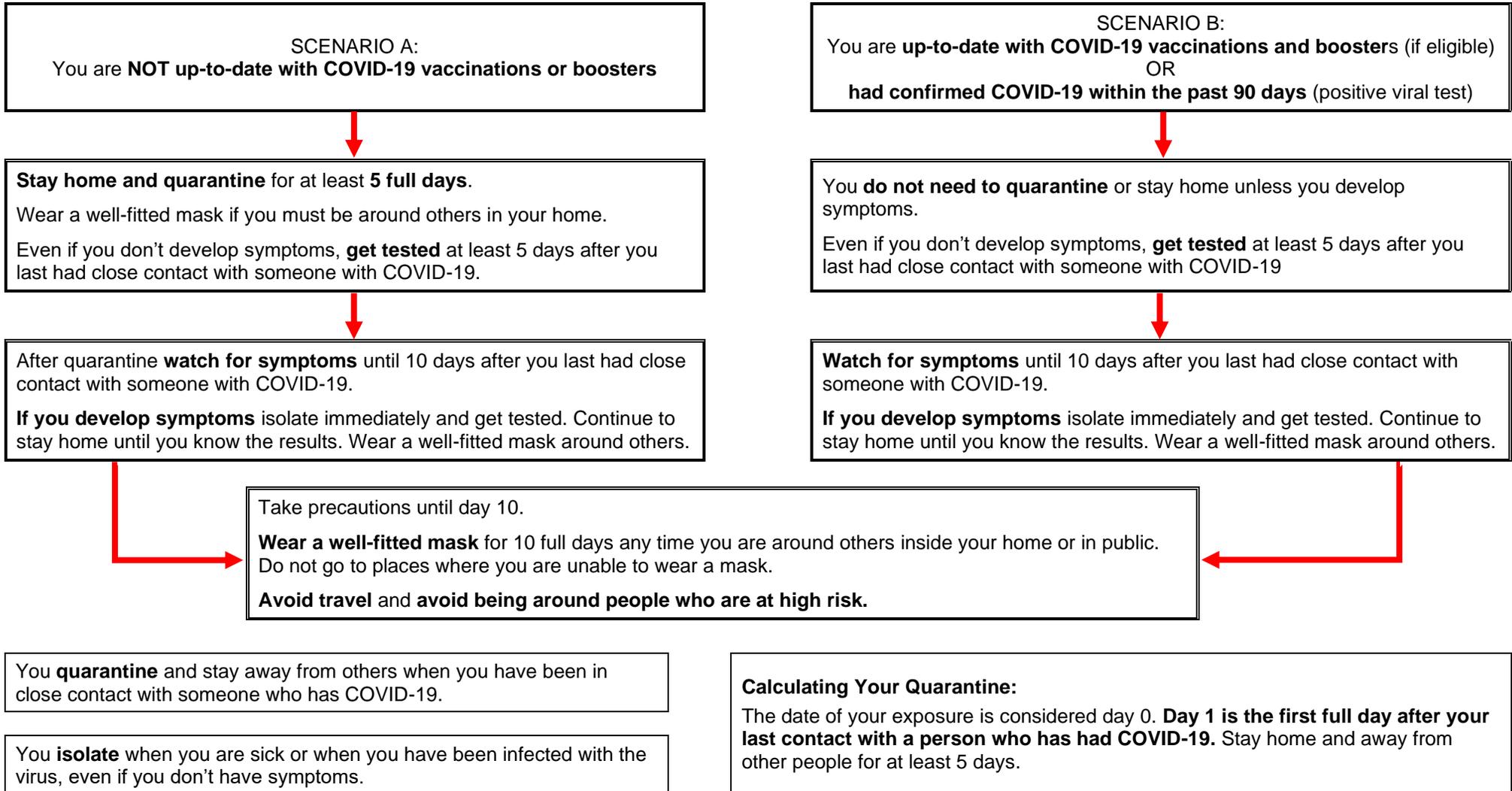


Suggested Response Protocols Flow Chart for COVID-19 Exposures



WHEN SHOULD YOU STAY HOME IF YOU WERE EXPOSED TO COVID-19?



Suggested Response Protocols Flow Chart for COVID-19 Exposures



WHEN SHOULD YOU STAY HOME IF YOU TEST POSITIVE FOR COVID-19 (REGARDLESS OF VACCINATION STATUS)?

Stay home for 5 days and **isolate** from others in your home.
Wear a well-fitted mask if you must be around others in your home.

Ending isolation if you had symptoms:

End isolation after 5 full days if you are fever-free for 24 hours (without the use of fever-reducing medication) and your symptoms are improving.
If you were severely ill with COVID-19 you should isolate for at least 10 days. Consult your doctor before ending isolation.

Ending isolation if you did NOT have symptoms:

End isolation after at least 5 full days after your positive test.
If you were severely ill with COVID-19 you should isolate for at least 10 days. Consult your doctor before ending isolation.

Wear a well-fitted mask for 10 full days any time you are around others inside your home or in public.
Do not go to places where you are unable to wear a mask.

Avoid travel.

Avoid being around people who are at high risk.

Calculating Isolation:

Day 0 is your first day of symptoms or a positive viral test.

Day 1 is the first full day after your symptoms developed or your test specimen was collected.

If you have COVID-19 or have symptoms, isolate for at least 5 days.

Symptoms of COVID-19 include:

- Headache
- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

*Visit <https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html> for the most up-to-date symptoms.

*An individual contractor or owner may establish quarantine and isolation guidelines above and beyond the current CDC recommendations at their own discretion